



## **Outer Banks (OBX) Marathon Trip Notes November 12 – 15, 2010**

It's all about Marv! True. I feel so blessed to have met this 'family' of Marv and Maryanne Winters from Tulsa and their running group. It was first way back in January 2009 at Mobile Alabama's Marathon when Marv and I met up on the course commiserating about our need for running on the soft grass along the edge of the course. In Little Rock's Marathon in March of that year we met up again and it was there I got 'adopted' and met more of Marv and Maryanne's family that would only go on to enrich my life. Marv was on a quest to finish his 50-states but I don't think I knew about his goal then.

### ***How did it happen that I took up Marv's 50-state finish and not mine?***

I don't know. I got carried away, but glad I did. I'd decided to go to Cape May's Ocean Drive Marathon to run with Marv this March. I knew then he was on this 'quest' and I didn't think I'd be able to be at his 50<sup>th</sup> so I decided to just go run and support him on my near-home-turf of New Jersey. We almost got blown off the course but it was a successful run, our respective spouses (Tom and Maryanne) met, and it was then I decided to try to go to another of Marv's 50.

### ***Hartford was next.***

I try to be respectful of my legs so it was with great hesitation that I decided to go to Hartford's Marathon for Marv's 49<sup>th</sup> -- even if my legs would only let me spectate and go out to get him for his last few miles. As it turned out, we ran the whole marathon together and you might remember we got lost together too. We had a super time and a few meals with Maryanne, Annette and Judy in particular and for a short visit also with Diane and Donna. It was there that I got cocky thinking my legs were cooperating and that maybe they would survive yet another marathon. It was there that Annette and I decided we wanted to spend more time with Marv and Maryanne. It was there that we both committed and signed up for OBX Marathon, also called Outer Banks, North Carolina. It wasn't that Marv needed us – he already had friends from all over the country joining him and they totaled about 20 runners with some spouses but surely the bigger the party the better the party?



### ***Finally to Outer Banks and the Big 50***

Here's Marv at the Start of OBX Marathon looking very calm. Calm? Not me. Never! I don't know how he does it. Though this was my 70<sup>th</sup> finish, I started with the usual butterflies in my stomach and as usual hadn't slept much the night before.

### ***My 70<sup>th</sup> finish and 21<sup>st</sup> of calendar year***

I'd started this marathon sequence in October with Minneapolis-St Paul, Hartford, Mt Desert Island ME and Athens Greece, and November would be Manchester NH, OBX and Overland Park, KS. For 65 year old legs, I was asking a lot to do weekly marathons and 23 in the calendar year on



top of three major hikes and quite a few other walking vacations. I remain cocky, or well, at least hopeful. Yet I'm clear that I've had a good 'run' and if it doesn't work, I'll turn to spectating awhile or putting together a scrapbook.

### **Marv's Gang at the completion of his 50th**



### **What's good about OBX Marathon?**

Since my reports are generally marathon related first, here's the upsides to OBX Marathon (other than being with Marv and his family)

- Airport is inexpensive to fly into, though Norfolk is about 1 ½ to 2 hours away.
- There are five AAA Gems in Outer Banks.
- Water-Water-Water everywhere. Therefore, most hotels are on the shore line and/or with views.
- Hotels are inexpensive with our Hilton Garden Inn (Kitty Hawk) being within a walk to the start at \$139 (despite last minute booking) and Marv's Surf Side Hotel (Nags Head) at \$69. This is a big tourist area yet it's off season.
- Expo is reasonably large, however pretty crowded, and has most products any runner would need.
- Official merchandise was okay with warm fleeces and jackets in black and with a classy logo.
- Better than usual goody bag called a Booty Bag of recyclable materials, high tech black short sleeve shirt, and some samples. At the finish line we got an insulated lunch bag too.
- Two official pasta parties were inexpensive but odd to have two locations. Our location wasn't full at all and maybe because



local restaurants and a fire station were competing.

- The course was all of charming, residential, coastal, golf courses and even soft pine needle trails running through the woods, but also a long stretch on open roadway as well as a big awful concrete bridge to climb – and which was said to close at 1:50pm. The views were as varied as you can imagine.
- The fluid stations were some of the best. They must have a



contest. One was Bumble Bees with signs like Bee Strong and all costumed in bees or bee keepers. One fluid station was sponsored by a restaurant and gave whole slices of banana nut bread, oranges, and offered Bailey's Bristol Cream. Spectators offered beer and some other unofficial snacks. I'm sure I gained weight on this marathon.

- Everything was Pirate-Pirate-Pirate from an 8K the day before to a costume contest. Throughout the expo, the pasta party, the course and the finish line were Pirate themes with treasure boxes, costumes and hats.
- Finish line was still plenty open for us 6:17 finishers and it's a good thing because we were a small village worth in size. At that finish time we couldn't complain about the free beer tent having closed down. We simply went to the restaurant with the \$2 pints.
- Food at the finish was either good and free, such as the clam chowder, or cheap at \$1 like sweet potato biscuits with ham slices.



I have friends from the DC area who run OBX year after year and I can see why. Here's Marv Bee'ing well kept at a fluid station

### ***What's not to like?***

- It's not exactly easy or quick to get to Outer Banks. Count on at least 1 ½ to 2 hours from Norfolk or Newport News. I don't think there's a shuttle and thus a rental car is needed.
- The wind can be brutal. We had cold and crazy hard wind the day before but it got very nice in the low 50s to 60 degrees with wind only 4-8 mph on marathon day versus the gusts up to 40 mph the day before.
- There's a bit of concrete to contend with and especially over the bridge. I mostly found grassy though uneven shoulders to make it more a trail marathon (and save my hips.)
- If you want a PR this probably isn't it. Its varied terrain and its hilly.



***Pictures from the website showing how a wonderful time was had by all.***



Liberty Lady Diana with Pirate Pacer Marie, a cute little gal running for TWO, and the Start Line



Happily done and thus dressed in medals, on the way to the marathon, and in the bus coming home.

**Pre-Race After-the-Pasta-Party**

Maryanne had arranged for shirts for all Marv's friends. So cute. They were presented at a gathering in their hotel lobby to great surprise of Marv.



**Post Race Celebratory Party – the party continued! Thank you Maryanne Winters!**



Gifts by friends for Marv and Maryanne included replacement sunglasses Marv had once lost on a run.



Seth and Janice, the 50-state completion cake, some of the Tulsa fans kindly including Diana



Janice proposed a way to take pictures: everyone look to the right and count to three then turn to the left and the picture gets taken. The last one here was a play on “the other left” I suppose. There was lots of fun had by all.

**Feel the Love -- Email from Marv to one of his pirates:**

*Hey Scurvy Dog the Pirate . . . Aaarrggghh!!!! Ye alle shore do know how to make your ole (and I do mean OLE) matey feel good. Even better than having a bottle of Rum, mi laddy. Of course, having a whole shipload of beautiful wenches aboard, didn't cause us a headwind, if ye git me drift - heh-heh. It was wonderful!!! You all really made it that way and I love you all dearly. Thank ye from the bottom of me old black heart.*

*Ye Olde Daddy . . . Marv*

*PS Go ahead and book Mars . . . as long as they don't have a time limit.*

*To Marv and Maryanne from Chris aka Scurvy Dog: I don't know if we'll ever top this past weekend, but it was very special getting to spend it with you, and all of our running friends. I hope we have many more memorable times ahead of us.....I love you guys very much! After you do all the continents, then it is TO THE MOON, MARVIN!.....and then back to Mars.....where you came from!!!! See you soon. Your loving son, Chris aka Scurvy Dog the Pirate*

**Alex the Volunteer** - A very special volunteer, a very special runner, a very special gift for Marv: When at the pasta party this young gal named Alex



heard that Marv was celebrating his 50<sup>th</sup> state. Little did she know that we'd all been making gaga eyes at the volunteer pin and begging a way to purchase our own which turned out to be impossible. At the Expo we were told they were only available as a gift to volunteers and the joke was that maybe we could find a little ole lady at the end and knock her down for her pin. Just coincidentally, Alex came up to Marv and wanted to present him her volunteer pin in commemoration of his achievement. Now, can you believe that lovely southern hospitality? Here's Alex!

### ***The day before 8K***

The group made the most professional looking outfits and should have won the costume contest. You can see a few of their costumes at

[http://gallery.triduo.com/p/in\\_the\\_woods\\_8k\\_outer\\_banks\\_8k\\_2010/1854-5421-0577-agc\\_29\\_23\\_1\\_2](http://gallery.triduo.com/p/in_the_woods_8k_outer_banks_8k_2010/1854-5421-0577-agc_29_23_1_2)

### ***Start***

At the start they began a prayer and I thought "how sweet" and then it became not only a sweet and sentimental missive but an excellent bit of comedy too. I have made various attempts to find a replay or print out to no avail yet.

Video of start and of fluid station at milepost 11 with the forerunners. Sorry they missed the Marv-ulous group! [www.youtube.com/watch?v=tvafkGQ7z8&feature=player\\_embedded](http://www.youtube.com/watch?v=tvafkGQ7z8&feature=player_embedded)

### ***The Bridge***

Q. How tall is the Washington-Baum Bridge?

A. From the runners who found it at mile 22: At least ten miles long. Very, very high.

A. From the website: 1.05 miles long, 82' tall (from the surface of the water), with a 650' climb to the top at a 4% grade.

This was the least favorite part of the course but it turned out to be fun with the entire crowd sticking together and some great views of the ocean, estates, and yachts. Especially when the sharks and jelly fish came out to pose with Marv. There are pictures above and here showing the steepness of the bridge made more amenable by the sharks and jellyfish of course.



Seth said he had a PR: That being 8 pee stops and an AAARRRF for the pirate's growl which everyone was doing.

### ***The finger!***

Gotta learn to use the finger properly: Pirates made the hook sign to bystanders and runners but it had to be just so as to not look naughty. Pirates were everywhere to include costumed pirates from Tulsa running with us.

### **Our colorful socks!**

Someone in the Tulsa group purchased orange and lime green polka dot socks for us to wear and they sure created a lot of constant attention and I'd say it was even more than my Liberty Lady crown creates. All of which I enjoy. We'd cut the foot portion out so as to wear our usual and known footwear and risk nothing.

**All together now!** And there were more of Marv's group. Some finished the half and came back to meet up with us. Some finished earlier and came back to meet us. We joined hands and had to squeeze together in order to cross the mat and I can attest that we all crossed together only the machinery couldn't record everyone all at once or these finish times wouldn't even be a second off. How perfect that Marv allegedly crossed 1-second before some of his group.

1601	1997 MAR	Marvin Winters	M	70	Tulsa	OK USA	6:34:08	6:16:42.54	14:23	4/4
M70-74	919/937	M								
1602	20004 MAR	Teresa Ellington	F	52	Tulsa	OK USA	6:34:09	6:16:43.54	14:23	
57/64	F50-54	677/718 F								
1603	20047 MAR	Paula Lee	F	55	Tulsa	OK USA	6:34:08	6:16:44.37	14:23	
19/27	F55-59	678/718 F								
1604	295 MAR	Mary Arnold	F	36	Tulsa	OK USA	6:34:08	6:16:44.82	14:23	
114/123	F35-39	679/718 F								
1605	1310 MAR	Cindy Metcalf	F	53	Broken Arrow	OK USA	6:34:09	6:16:44.91	14:23	
58/64	F50-54	680/718 F								
1606	2025 MAR	Annette Wulffe	F	50	Wheaton	IL USA	6:34:10	6:16:45.08	14:23	
59/64	F50-54	681/718 F								
1607	457 MAR	Diana Burton	F	65	Middletown	NJ USA	6:34:10	6:16:45.32	14:23	3/3
F65-69	682/718	F								
1608	20016 MAR	Christopher Phillips	M	53	Claremore	OK USA	6:34:10	6:16:45.45	14:23	
102/103	M50-54	920/937 M								
1609	20093 MAR	Donna Goodson	F	56	Coweta	OK USA	6:34:11	6:16:46.11	14:23	
20/27	F55-59	683/718 F								
1610	20021 MAR	John Points	M	55	Tulsa	OK USA	6:34:10	6:16:47.56	14:23	
56/56	M55-59	921/937 M								
1611	20072 MAR	Carmella Anderson	F	52	Tulsa	OK USA	6:34:10	6:16:47.94	14:23	
60/64	F50-54	684/718 F								



### **A YouTube video of the marathon:**

[www.youtube.com/watch?v=veKkTr2Zhu8&feature=player\\_embedded](http://www.youtube.com/watch?v=veKkTr2Zhu8&feature=player_embedded)

Plus the marathon course.

**Tourist** – as you know, it's against my principles to marathon without touring too. And that's no matter the reason for the trip. Annette is like minded when she can (she has a house-full of boys at home). Our first stop was Mel's Diner where we sampled southern fare in the form of fried okra, liver and onions, southern slaw, etc. Here's Mel with Diana in the background.



### **Outer Banks – to see why we simply couldn't see it all!**



Just an amazing amount of water water water everywhere.

I spent some of my early working career at the headquarters of a major fishing company and this area, centered around Morehead City, was home to fishing for menhaden, also known as bunkers or pogies.

Note that we stayed up north in Kitty Hawk where the marathon started about a mile away. The expo and the pasta parties were in Kill Devil Hills area, not far from Nags Head.

The finish was over the bridge in Manteo.

Note that Manteo is less than half way down to the southern tip of the Outer Banks and Hatteras.

### **Kitty Hawk**

Any school child knows that Kitty Hawk means home of the Wright Brothers and their famous first flight. From [www.nps.gov/wrbr/index.htm](http://www.nps.gov/wrbr/index.htm) -- *They Taught the World to Fly! -- Wind, sand, and a dream of flight brought Wilbur and Orville Wright to Kitty Hawk, NC where, after four years of experimentation, they achieved the first successful airplane flights in 1903. With courage and perseverance, these self-taught engineers relied on teamwork and application of the scientific process. What they achieved changed our world forever.*

This museum and memorial was particularly interesting to me since I grew up around airplanes. My father had a little airport in northern California until I was in my teens and then he joined TWA carting us around the country to follow the work and also traveling extensively. At the beginning of our airline days I remember that it took two sets of crew to fly the Connie across the country and then in my daughter's time we were flying to the moon.

Here are three women who made inroads into the museum hall of fame. Amelia Earhart who needs no explanation (died 1937), Georgia Breadwick who was the first woman to jump from an airplane (died 1978) and Harriett Quimby who was the first aircraft licensed woman and the first to fly solo



across the English Channel (died 1912) followed by George H.W. Bush as the first military flyer to become a President. All are in good company with Orville and Wilbur Wright.



And no, the Wright Brothers are not buried there yet the tower has the look of a tomb.



Here we are at milepost 8 of the marathon showing the course going straight up to the tower. NOT! But we had a good time fixing up the signs – temporarily. It's next to an airfield and along a small trail that we would use for the marathon.



The view from the top of the monument to the ocean, and then down to the bronze airplane replica with bronze statuary showing the first flight crew. This would be part of the marathon course when we ran around the monument – on fairly flat ground at this point.





And here we are the next day for the marathon, on the course getting ready to climb to the monument -- NOT, while Marv held down the fort, or at least the monument, and before taking a dip in the ocean.

**At the finish line**

You saw how happy everyone was at the finish line in the large group photo and you can imagine Marv's relief. He'd said a number of times in Hartford that he just HAD to finish so that OBX wouldn't be his 49<sup>th</sup> with everyone there.

The finish is on the water and in a lovely little town on an island. We'd explored it the day before and found not only an outdoor café with 'weeping radish brew beer' right from the island (Annette samples local beers for her carbo loading) but also the shops.



Flags and Kites saying: Outer Banks, I'm on Island Time, Every Hour is Happy Hour, a major temptation to buy this pink flamingo and install it in Tom's Japanese Garden, and a turtle with Having a Shell of a Time that I should have gotten for my Running Turtle friend.



Here's some views of the little town where we walked the day before and where we hung around for food and drink at our favorite outdoor café after the marathon. And a t-shirt reminder "You can have me Chest, but leave me Booty Alone."

### **Elizabethan Gardens**

We enjoyed a walk through these gardens. [www.elizabethangardens.org](http://www.elizabethangardens.org) - *The Elizabethan Gardens is located adjacent to The Lost Colony's Waterside Theatre and Fort Raleigh National Historic Park on Roanoke Island nestled near North Carolina's Outer Banks.*



### **The end?**

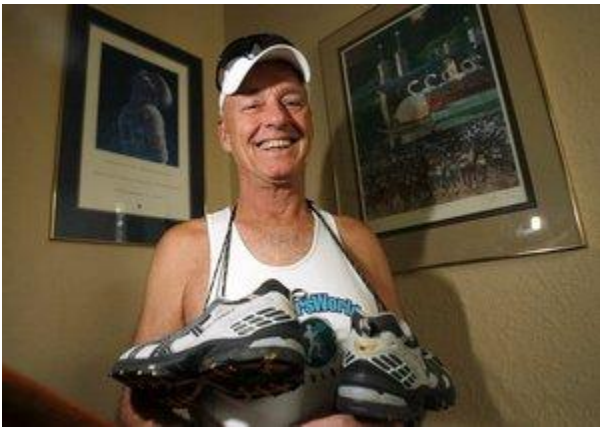
I'm sure it's not. After the marathon, Marv was being interviewed by the Tulsa newspapers so we'll hear more. After the marathon Marv and Maryanne were hosting oodles of runners at the following weekend's Route 66 Marathon in Tulsa. As it turned out, Marv ran about a 2:30 half and Maryanne ran a wee bit over 3 hours so OBX only incentivized and got them ready for more good things. In January I'll see some of the Tulsa "family" in Houston and I've already arranged to go to Route 66 in Tulsa next year.

**For me?** I'm not letting up on these legs and am off to Overland Park, Kansas for Gobbler Grind Marathon, then home for Thanksgiving, followed by a departure to San Francisco with neighbor Kathy until I come home for one day and pick up Tom for a trip to Hawaii where we'll tour and I'll hopefully manage the Honolulu Marathon with . . . .

***Onward to Annette's 50-State Completion in Honolulu! – Here we are at Annette's 49<sup>th</sup>.***



## Runner attains goal with resolve – from *Tulsa World*



Marvin Winters poses at his Tulsa home Wednesday near posters from marathons he has run. Winters, 70, has raced in marathons in each of the country's 50 states. Photos by MATT BARNARD/Tulsa World

By [KELLY HINES](#) World Sports Writer

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Marvin Winters' love of running began with a bit of trickery.



More than three decades ago, his neighbor Betty Tipton said she needed someone to accompany her around their Tulsa neighborhood because she was afraid to run alone.

"Turns out it was a lie," Winters said. "She just told me that just to get me off the couch."

Not only did the ploy work, but it also changed the life of Winters, who was an overweight smoker. Now 70, he completed a North Carolina run earlier this month to meet his goal of running a marathon in all 50 states.

About a dozen friends accompanied him, and it was an emotional scene as the group held hands while crossing the finish line.

"We were all crying," said Winters' wife, Maryanne. "It's been a journey."

The feat was 30 years in the making, after Winters was sidelined for a decade because of heart problems. He credits running for saving his life, and it was a dark time without his favorite hobby.

"There was just something missing," he said. "I tried to replace it with other things, but I just couldn't do it."

When cleared to run marathons again in 2005, Winters had 37 left. His training was boosted by those who ran with him.

"If you've got somebody out there in the cold and the rain you know who is waiting for you (to run), you go when otherwise you wouldn't," he said.

Cindy Metcalf, who trains with Winters, said he has shared that encouragement.

"In other races that he's been in, he has actually slowed down and hung back with another runner who was struggling to try to help them get through," Metcalf said.

Winters got his wife into running, too. She grew weary of waiting for her husband to finish and has done her share of half-marathons. The couple has enjoyed "spending their children's inheritance" by traveling across the country.

They've made a lot of new friends, many who also are members of the exclusive 50 States Marathon Club.

Winters wants to reach 100 marathons and has about 25 to go. He said his accomplishments can be matched by anyone with the same resolve.

"All you have to do is live long enough and refuse to give into the pain and learn to tolerate it and you can do it," he said.

## ***Itinerary***

### **Fri Nov 12**

2:55pm Depart Newark EWR via CO#3023  
4:14pm Arrive Norfolk VA ORF  
Meet up with Annette at Thrifty Car Rental counter  
Arriving via SW#0661 at 4:00 from Chicago's Midway

Note: Marv and Maryanne arrive at 2:03 and staying thru 17<sup>th</sup>

Rental Car Thrifty Rental  
About 1 ½ hours drive from Norfolk VA airport to Kitty Hawk NC

Hotel Hilton Garden Inn (1)  
5353 N. Virginia Dare Trail, Kitty Hawk, NC 27949 Tele: 252 261 1290  
Annette at same hotel in own room

Directions by hotel from Norfolk International Airport-- 77.63 miles and 95 minutes: SW on Norview Ave. tow Bromley Ct. Merge -I-64E towards VA Beach/Chesapeake. Merge I-464 via Exit 291B toward VA-104. Merge VA 168 S via exit on left to Nags Head. VA 168S becomes US 158 S. Turn left. Turn right NC23 Virginia Dare Trail.

Note: Marv and Maryanne and party at Surfside Hotel in Nags Head  
6701 S Virginia Dare Trail, Nags Head, NC 27959-9119 Tele: (252) 441-2105  
20-minutes or 14 miles southerly

### **Sat Nov 13**

5:00pm Pasta Party Pearl Restaurant, 1731 N. Virginia Dare Trail, Kill Devil Hills – MP 7 to 8pm

### **Sun Nov 14**

Marathon Marv's 50<sup>th</sup>! [www.obxmarathon.org](http://www.obxmarathon.org)

eve Dinner hosted by Marv and Maryanne Winters at Pamlico Jack's, across from Surfside

### **Mon Nov 15**

1:20pm Depart Norfolk VA ORF via CO#2670  
2:47pm Arrive Newark

Note Annette departs 12:50pm from Norfolk

Note – Diana departing Wed Nov 17<sup>th</sup> to K.C.

### **OBX Gems per AAA**

Cape Hatteras National Seashore  
Fort Raleigh National Historic Site  
Elizabeth Gardens  
The Lost Colony in Mantao  
Roanoke Island Festival Park  
Wright Brothers at Kitty Hawk

## Race Weekend Need2Know Info – November 12-14, 2010

### > SCHEDULE OF EVENTS

#### FRIDAY, NOVEMBER 12TH

12:00 PM – 7:00 PM – Race EXPO & Packet Pick-Up

#### SATURDAY, NOVEMBER 13TH

7:30 AM – Outer Banks 8K

9:00 AM – Pirate Family Festival

9:00 AM – 6 PM – Race EXPO & Packet Pick-Up

9:30 AM – Buccaneer 5K,

10:15 AM – 5K Awards

10:30 AM – Outer Banks Fun Run

11:30AM – Diaper Dash

5:00 PM – 8:00 PM – Pasta Parties

#### SUNDAY, NOVEMBER 14TH

7:00 AM – Outer Banks Half Marathon

7:20 AM – Outer Banks Marathon

8:00 AM – 2:00 PM – Post Race Party

8:30 AM – 2:00 PM – Live Band - The Crowd

12:00 PM – 12:30PM – Marathon Awards Ceremony

### > RACE EXPO

#### Outer Banks Marathon Race EXPO

Dare County Youth Center - 602 Mustian Street, Kill Devil Hills

Friday, November 12th from 12PM - 7 PM

Saturday, November 13th from 9AM – 6PM

#### EXPO Parking

On Friday, parking is available at the Youth Center. On Saturday, participants are encouraged to park at First Flight Elementary School, located a short walk from the Youth Center (see map below).

#### Youth Center Parking

1) From US 158, turn west at the Colington Road/Ocean Bay Blvd. traffic light.

2) Take the first left onto Mustian Street. The Youth Center is located just beyond the Library and the Water Department, on the right.

#### First Flight Elementary Parking

1) From US 158, turn west at the Colington Road/Ocean Bay Blvd. traffic light (at MP 8.5).

2) Take a left at the traffic light onto Veterans Drive. Go south on Veterans Drive past First Flight High School, go through the traffic circle

**ART RAFFLE** – Stop by the Art Booth at the EXPO and pick up a 5<sup>th</sup> Anniversary Outer Banks Marathon & Half Marathon Art Poster. Posters are selling for \$10. Rob Snyder, the artist, will be on-site to sign posters and a raffle for the original winning art piece will be held on Saturday, 5:30 PM at the EXPO. Tickets are \$5 or three for \$10. You do not need to be present to win and all proceeds benefit the Dare Education Foundation and the Outer Banks Relief Foundation.

#### PASTA PARTY

5PM – 8PM – Saturday, November 13<sup>th</sup> (two locations)

Ramada Plaza, MP 9.5, 1701 South Virginia Dare Trail, Kill Devil Hills

The Pearl Restaurant, MP 7, 1731 N. Virginia Dare Trail, Kill Devil Hills

### > SUNDAY RACES – MARATHON & HALF MARATHON

Location – The Outer Banks Marathon begins on The Woods Road in Kitty Hawk and the Outer Banks Half Marathon Start line is located off E. Baltic Street at Wrightsville Avenue in Nags Head.

## Race Day Schedule

7:00 AM – Outer Banks Half Marathon, presented by Gateway Bank

7:20 AM – Outer Banks Marathon

8AM-2PM – Pirate Jamboree; Beverage & Beer Garden

8:30AM-2PM – Live Band - The Crowd

10:00AM-10:30AM – Half Marathon Awards Ceremony

12PM-12:30PM – Marathon Awards Ceremony

## > NEED2KNOW INFO

### Race Number & Timing Chip

Your race number (aka race bib) will have two tear-off tickets: one to be used to pick up your race shirt at the EXPO, and another to be used as a label for your gear bag. Please attach your race bib to the front of your shirt so photographers can i.d. you for race photos **AND** to receive an accurate time. Your timing chip is attached to the back of your bib.

*Note: Runners who purchased a WearYourNumber customized race shirt will be issued a D-Tag, to be worn on your shoe, instead of a B-Tag.*

### Driving the Course

If you plan to drive the marathon/half marathon course prior to race day, please note that a number of areas along the course cannot be accessed by vehicle.

### Gear Bag Service

BYOB...Bring Your Own Bag! UPS will be at the Start of the Marathon and Half Marathon to collect your bags and transport your gear to the Finish. Use the tear-off label attached to your race number as your gear tag, address your tag and attach it to your bag (zip ties included in your race packet). If you plan to utilize our Gear Bag service, please use a closeable bag, such as a small duffel bag or backpack (zippered or drawstring closure, keeping the bag size to 16"x20" or less).

Runner Tip: If you are wearing warm-up gear to the start of the race, be prepared to utilize the gear bag service. We are not responsible for clothing or personal items left or forgotten, and all items will be discarded.

## > RACE TRANSPORTATION

### MARATHONERS

**Runner Drop Off:** Kitty Hawk Elementary School – a short walk to the Start.

From Hwy 158 (the Bypass) in Southern Shores, turn onto Dogwood Trail. Turn right into the parking lot of Kitty Hawk Elementary School, 16 Dogwood Trail, Southern Shores. Runner dropoff is at the school, and walk to the Start.

**Marathon Shuttles:** Park near the Start, take a shuttle to the Start and catch a shuttle back to your car after the race OR park near the Finish, take a shuttle to the Start, run the race and then take a shuttle to your car parked near the Finish.

Park near Start option:

Wal-Mart: 5400 N Croatan Highway, in Kitty Hawk, NC 27949

*Shuttles departing every 10 minutes beginning at 6:30am.*

Park near Finish option:

Manteo High School: 616 Wingina Avenue, Manteo NC 27959

*All shuttles depart Manteo High School at 5:45am to take you to the Marathon Start. Shuttle service is not available after 5:45am.*

## > POST-RACE PARTY

Join us for a Pirate Jamboree post race celebration and “Party like a Pirate” in downtown Manteo on Queen Elizabeth Street! Bring your family and friends to enjoy a festival atmosphere including live music, good eats, local vendors and more!

### Post Race Schedule



8AM-2PM Pirate Jamboree; Food, Beverage & Beer Garden

8:30AM-2PM Live Band - The Crowd

10:00AM-10:30AM Half Marathon Awards Ceremony

12PM-12:30PM Marathon Awards Ceremony

50-staters at OBX

Bev Church

Alexis Davidson-**completes 50 states**

Mike DeBlasis

Seth Elsheimer

Greg Goebel

Eric Johnson

Rick Marzullo

Tracey Newenhouse

Suzy Seeley

Karen Smith - who had just finished 50 states the week before in Manchester

Liz Wallace

Marv Winters-**completes 50 states**

Annette Wulffe

(1) Hilton Garden Inn – Kitty Hawk - The **Oceanfront Hilton Garden Inn Outer Banks/Kitty Hawk** hotel in Kitty Hawk, North Carolina is on the beautiful coast of the Atlantic Ocean giving each guestroom its own unique view while being convenient to shopping, beaches and dining. Nearby attractions include:

- **Wright Brothers Monument**
- **Wild Horses of Corolla**
- **Jockey's Ridge State Park**
- **North Carolina Aquarium**
- **Roanoke Island Festival Park**
- **Lost Colony Outdoor Drama**
- **Bodie Island lighthouse**
- **Cape Hatteras National Seashore and Cape Hatteras Lighthouse**

The **Oceanfront Hilton Garden Inn Outer Banks, NC hotel in Kitty Hawk** is certain to please the busy executive or leisure North Carolina traveler with our special amenities that include:

- Great American Grill® serving breakfast, lunch and dinner
- Evening room service
- 24-Hour Pavilion Pantry convenience mart
- Dedicated Guest Services Desk
- Seasonal outdoor Tiki Bar
- Seasonal outdoor swimming pool
- Indoor heated pool with Jacuzzi®
- Complimentary fitness center
- On-site fishing pier
- Three meeting rooms and a banquet pier house for groups from 5 to 325
- Complimentary 24 hours Business Center
- Complimentary wireless high-speed Internet
- Off site complimentary tennis at the [Kilmarlic Health and Racquet Club](#)
- Off site golf at special rates at Kilmarlic Golf Club

The **Oceanfront Hilton Garden Inn Outer Banks, North Carolina hotel in Kitty Hawk** has 180 well appointed guestrooms which feature:

- Complimentary high-speed Internet access with remote printing
- Oceanview rooms and suites, all with private balconies

- Hilton Garden Inn Sweet Dreams® queen beds
- GSS Sleep System king beds
- Crisp white down duvets and feather pillows
- Oversized work desk, ergonomic Herman Miller Chair and desk level outlets
- Two telephones with voicemail, speaker capability and Data Port
- Signature Alarm Clock with MP3 Player and Portable CD Player Capability
- Refrigerator, coffee maker and microwave
- Iron, Ironing Board and hair dryer
- 26-inch HDTV with Lodgenet movies, video games and complimentary HBO®
- USA Today® newspaper each weekday morning