



Stanford and San Francisco Trip Notes
June 14-23, 2015

Marie was in good company at Stanford: We learned that there were 600+ applicants from around the world who applied along with Marie for a place in the pre-med internship program this summer at Stanford. Only 60 were selected. Quite a kudo! They say “It Takes a Village” and there was a lot of help, but ultimately it was Marie who earned the spot.

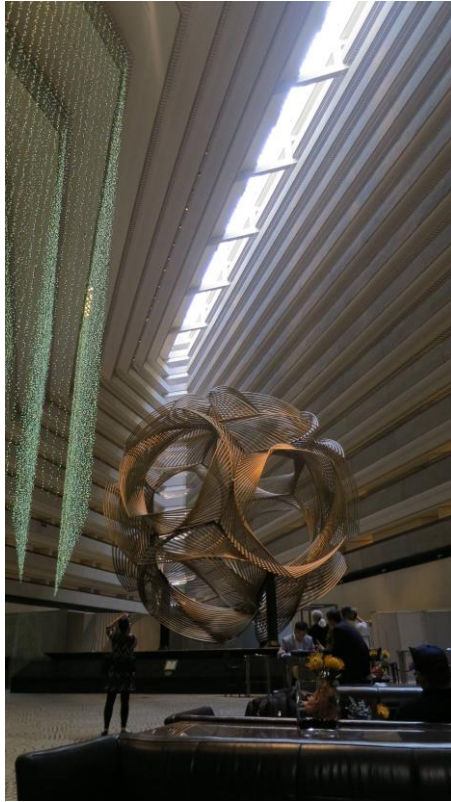
Final result (as taken from an after action report by Marie): It's taken some adjusting to Kansas City life and as my aunt likes to say, I've drank the California Kool-Aid. I think I've come back to Kansas City definitely a different person but a better one.

Starting the trip - Tom, having lost his big European 80th birthday vacation, asked for a few days in his beloved San Francisco. We had four days at the Hyatt Regency in his favorite room, the Embarcadero Suite with full bay view. We've been in this room a few other times in the past.



The hotel lobby is famous for its inner courtyard as it was one of the first so designed. Here's part of our view; the top floor concierge floor gave a 360 degree view.





More of the inner courtyard of the Hyatt. A day at the Asian Museum is always on the agenda. We took three docent tours and two meals there.



The Hyatt Regency is right at the Ferry Building which we much enjoy eating our way through. We also found the upper rooftops that give many blocks of walking through lovely plantings.



The Palace Hotel - Not to be missed, but an extravagance, is high tea or a drink in the Palace courtyard, and/or the famous bar. An Illustrated History of The Palace Hotel of San Francisco - redone in early 1900s after the big earthquake. <http://thepalacehotel.org>



In the convention area, next to MOMA, one finds a lovely park and the Martin Luther King Memorial with water-water everywhere. Get a load of this bicycle: they do things differently in San Francisco. Is this the California Kool-Aid that Aunt Loudean speaks of that causes life to run differently in California? And especially in San Francisco.

The park was perfect for the perfect weather, plus it's near to The Grove Restaurant which we always manage to find and indulge.

We walked the Union Square area and always need to peek inside of Gumps which isn't like it used to be at all, but the ceiling of Neiman Marcus is like it's always been – extravagantly elegant.



Off to Stanford

Marie arrived early morning and we had a rental car for the drive and four days to assimilate and make acquaintances there.

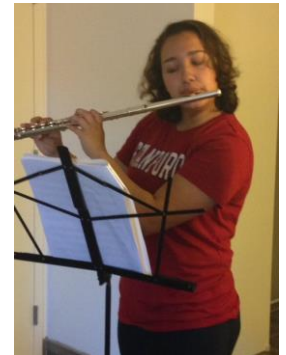


Marie takes pictures of Tom often. Or they take pictures of each other. Here she is at the end of the course with some 'swag' – a Stanford shirt. Well, two shirts.

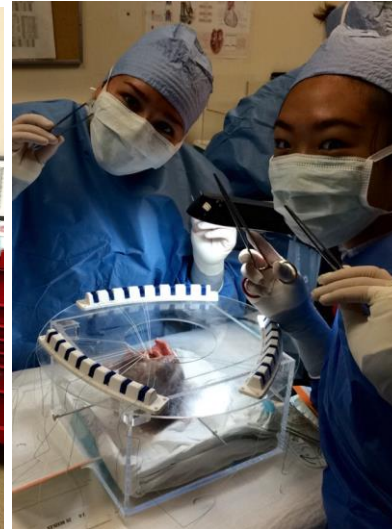


It was her show and we had to leave her and I doubt she missed us in the least! She makes friends quickly.

But before she'd leave us, we got a short concert in the hotel room. I say short because we were concerned about the other guests, so it was done mid-day. (Marie had been practicing in a closed bathroom to keep the noise down.) She had hopes of an audition with a special flute instructor on Stanford as set up by Marie's tutor, but it didn't happen.



Traveling with the flute made me nervous.



She said this was her aortic valve replacement on a pig heart (notice its labeled bacon. Ha ha.)

Notes home:

Jul 9

I have to say after staying on campus for 3 weeks you learn to really appreciate food that doesn't come from the cafeteria. Lucinda and I decided to eat at an Indonesian/Thai restaurant. Lucinda invited her cousin who has an M.D. and researches immunology at the Stanford hospital. We had several different kinds of small plates we shared like papaya salad, sugar snap peas, and some chicken thing. They both had salads with that and I had chicken Pad Thai. After Betsy left Lucinda and I shared a dessert and I had coffee because I have to say for the first time in my life I'm starting to get really tired of drinking Starbucks brewed coffee. The cafeteria has brewed Starbucks coffee and it's what I drink every morning but I'm getting super tired of the food and coffee. I have reached the conclusion that I will more than likely have to Uber to the airport because most of my friends either live in California or their flight time does not match along with mine. I think I will be okay. I have Netflix and I can stay in the club for hours. Maybe take a shower or something. I'm having a great time. Today we did the first half of a valve replacement surgery and I noticed afterwards my forearms get sore. You don't really realize how fast the time goes by until you look up at the clock.

July 12

Subject: Coffee with Lucinda

So Lucinda and I went out for coffee today to this place called Phil'z and I had an absolutely wonderful time. I was given a free drink that was like some mint iced coffee and then I had another coffee called the ecstatic coffee and I had an absolutely fantastic time having a conversation with Lucinda and hanging out. Plus I don't have to Uber to the airport because Lucinda has a heart of gold and offered to drive me to the airport and on top of that have coffee and breakfast at an Italian place.

Jul 15, 2015 - So for lunch today Paul took us to Buca de Peppo and I have to say I am currently enjoying it very much. This is probably one of the cooler food experiences I've had. They basically are bringing us a bunch of different dishes to taste and enjoy. I am thoroughly enjoying it

July 16

Subject: Dinner with Tracy

Tonight I had a dinner with Tracy at the CoHo and it was wonderful. We talked about her time in her anatomy class, my time here, colleges to apply to, colleges to look at, and my relationship with you and Diana and how I met you and Diana, and things like getting a laptop for college. I'm going to see if I can ask Aunt Loudean for one for Christmas. Tracy suggested I get a Mac because I have an iPhone and it would all sync up. Then we talked about colleges. She said that because I like California so much that I should look at more colleges in California such as Berkeley and some of the UC schools. I'm going to look more into that because Berkeley is still a good school and we talked about options. The ultimate goal is Stanford and even I don't get accepted at first I can still transfer or go to their medical school or do my internship or my residency. She will definitely be a help with college. I'm thinking about adding Lucinda and Tracy on the list for updates. I would love to stay in touch with them especially if I decide to go to school in California.

Swag the last day -- we got pictures of some of the end of the course gifts – t-shirt, pack, etc.

All good things come to an end?

Not so fast! The last night Marie got an email from Tom announcing the car that would be delivered to her the next day. A 2008 Hyundai.





A happy kid who might be only taking her Stanford shirt off for laundry.

Itinerary

Sun Jun 14 – Diana and Tom

10:10am Depart Newark EWR via UA#1225
1:19pm Arrive San Francisco SFO

Public transport to hotel is fastest

Hotel Hyatt Regency San Francisco – 4 nights
5 Embarcadero Center, San Francisco, CA 94111 Tele 415 788 1234

Thu Jun 18 – Diana and Tom

Check out of hotel, transfer to airport to meet Marie and pick up rental car

10:30am Rental car with drop off on Monday at 4pm

Thu Jun 18 – Marie

7:30am Depart Kansas City MCI via UA/Skywest #UA6240
9:29am Arrive San Francisco SFO

Meet up at baggage area - Drive to Palo Alto

Hotel - All

Hotel Residence Inn Palo Alto Menlo Park – 3 nights Marie, 4 nights Tom and Diana
555 Glenwood Avenue, Menlo Park, CA 94025 Tele 650 327 2000

Thu, Fri and Sat

Meet Lucinda and her contact
Meet Tracy
Anything with Marie's/Joe's relative?

Sun Jun 21 – Marie

10:00am to 5:00pm Check into Stanford housing
Per Tiffany Koyano at tkoyano3@stanford.edu Tele 650 725 3836 www.cssec.stanford.edu

Mon Jun 22 – Diana and Tom

Drive to San Francisco airport and turn in rental car

Hotel San Francisco Airport Marriott Waterfront
1800 Old Bayshore Highway, Burlingame, Calif 94010 Tele 650 692 9100

Tue Jun 23 – Diana and Tom

2:29pm Depart San Francisco SFO via UA#1683
10:59pm Arrive Newark EWR

Flight was canceled; stayed over second night and got home around 6pm.

Sat Jul 18 - Marie

9:00am to noon Check out of Stanford – per Tiffany

6:30pm Depart San Francisco SFO via UA#5591 (was 5:30pm)
12:20am Arrive Kansas City MCI